

Sanctuary is a distinctive spa facility combining the best body and skin care professionals with the highest quality product. Creating an environmentally sensitive, yet unique and rewarding experience.

SANCTUARY SPA PACKAGES

Come to SANCTUARY and experience a little escape from reality! These packages have been designed to relax your body and enhance your well-being. Soothe your soul, calm you mind, rejuvenate your body!

↵ **Total Serenity – 4 Hours - \$280.00**

One Hour Relaxation Massage, Spa Facial, Moor Mud Treatment, Scalp Treatment, Spa Salt Treatment

↵ **Revitalization – 3 Hours 15 minutes - \$210.00**

Moor Mud Treatment, Spa Facial, One Hour Relaxation Massage

↵ **Tranquility – 3 Hours 15 minutes - \$220.00**

One and a Half Hour Relaxation Massage, Spa Salt Treatment, Spa Facial, Scalp Treatment

↵ **Solace – 3 Hours - \$205.00**

One and a Half Hour Pure Relaxation Massage, Back Facial, Spa Facial

↵ **Relaxation – 2-1/2 Hours - \$170.00**

Spa Salt Treatment, Spa Facial One Hour Relaxation Massage

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EXPERT SKIN CARE

Come to SANCTUARY for all your answers on skin care. Professional service and treatments along with excellent results!

↵ **European Facial**

Combine the latest in skin care products with the art of personal touch and your facial will cleanse, hydrate and make your skin feel years younger. Before your treatment, your Skin Care Therapist will analyze your skin type to determine the correct products to enhance your facial. This includes a deep double cleansing, a wonderful steam, exfoliating, deep extractions to clean out pores, massage of the chest, arms, neck and face and then a soothing mask.

60 minutes	\$65.00
90 minutes	\$85.00

↵ **Mini Facial Treatment**

A one hour facial to deep clean, exfoliate with Alpha Hydroxy Peel, removal of blackheads and soothing, rejuvenating mask.

<i>Mini Facial with Peel</i>	\$85.00
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↵ **Acne Facial**

There is a special treatment for acne skin. This includes a deep cleaning, complete extractions, and soothing mask to help with congestion in the skin and breakouts. We will recommend the correct products for you to use at home to help achieve the skin you deserve, and please consider a series of treatments for the best results.

60 minutes	\$65.00
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↵ **Men’s Skin Treatment**

Our men’s treatment is specifically designed to alleviate irritation from shaving and congestion in the skin. Please do not shave prior to facial.

60 minutes	\$65.00
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SPECIAL TOUCHES

Add a special touch to your day at SANCTUARY with our selection of hand and foot reflexology, massage and moisturizing paraffin wax treatments.

<i>Hand treatment (includes paraffin dip)</i>	\$20.00
<i>Foot treatment (includes paraffin dip)</i>	\$25.00
<i>Hand and foot treatment</i>	\$35.00

↵ **Skin Renewal Treatments**

Glycolic Treatment

A 30 minute treatment that includes a deep cleansing, the application of glycolic acid, a relaxing, cleansing massage followed with a toner and moisturizer to leave your skin feeling clean and refreshed.

	\$40.00
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Fruit Acid Peels or Skin Renewal Peels are alpha-hydroxy acids. These are a natural based peel that will leave skin clearer and smoother. Noticeably improves the appearance of fine lines, brown spots, wrinkles and light acne scarring.

<i>Individual Treatment with Facial</i>	\$ 20.00
<i>Available in a series of 7 for</i>	\$240.00

Collagen Treatment

A moisturizing mask treatment to help lessen the appearance of fine lines and wrinkles

<i>Full Face</i>	\$35.00
<i>Lips</i>	\$15.00
<i>Eyes</i>	\$15.00

THERAPEUTIC EXPERT BODY MASSAGE

The primary goal of massage is total relaxation with a sense of well-being through touch. Regular massage can help to alleviate stress.

↵ **Sanctuary Massage**

Nationally certified massage therapist will choose from a variety of techniques to achieve maximum benefits, based on the individual’s needs.

<i>Approx. 60 or 90 minutes</i>	\$60.00 - \$85.00
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↵ **Swedish Massage**

Therapeutic and relaxing massage with long, gliding strokes to improve circulation and tone.

<i>Approx. 60 or 90 minutes</i>	\$60.00 - \$85.00
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↵ **Deep Tissue Massage**

Relieves muscle soreness from exercise or exertion.

<i>Approx. 60 or 90 minutes</i>	\$70.00 - \$100.00
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↵ **Neck & Shoulder Massage**

This massage focuses on the back, neck and shoulders.

<i>Approx. 30 minutes</i>	\$45.00
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↵ **Shiatsu**

Oriental Pressure Point Massage to release tension and increase energy. Can be done without oils and through clothing.

<i>Approx. 60 minutes</i>	\$60.00
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↵ **Cellulite Massage**

Lymphatic Drainage techniques massage and break up areas of cellulite, relieving congestion and improving circulation.

Combined with diet and exercise, this massage can be extremely beneficial

<i>Approx. 30 or 60 minutes</i>	\$45.00 - \$60.00
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↵ **Pregnancy Massage**

Our maternity massage is done with a special pillow, allowing you to lie on your stomach. Total relaxation for low backache and general relief from swelling.

<i>Approx. 30 or 60 minutes</i>	\$45.00 - \$60.00
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↵ **Aromatherapy Massage**

We use a blend of essential oils placed on certain areas of the body, then they are rubbed in with a lymphatic massage. This opens the pores and allows full absorption of the oils. There are several different blends of oil depending on the desired effect. Stimulating, relaxing, and detoxifying.

<i>30 min (neck, back, shoulders)</i>	\$55.00
<i>60 min (full body)</i>	\$70.00

<i>90 min (includes face)</i>	\$95.00
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↵ **Warm Stone Massage**

A therapeutic and soothing massage using warm stones, which are rubbed along the muscles to melt away stress and tension.

<i>90 minutes (Full Body)</i>	\$95.00
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↵ **Reiki**

Japanese healing energy work to balance the body. Done through clothing.

<i>Approx. 30 or 60 minutes</i>	\$45.00 - \$60.00
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BODY TREATMENTS

Your body deserves special care! Smoothes and restore balance in your life, relax and unwind. Learn to reduce the stress in your life with our experts.

↵ **Back Facial**

Your back can sometimes require special attention. This treatment will completely cleanse, hydrate and help keep your back looking perfect.

<i>45 minutes</i>	\$55.00
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↵ **Moor Mud Body Treatment**

Therapeutic mud is the product of a 400 centuries old union between time and nature. Moor Mud is excellent for aches and tension. The body is soothed and massaged with essential oils and then the warm mud is applied to the body. Relax and soothe your body!

<i>1 hour, 15 minutes</i>	\$85.00
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↵ **Algae Treatment**

Detoxifying oils are massaged into the body and cleansing, algae treatment is applied, completely covering problem areas to help reduce the appearance of cellulite

<i>60 minutes</i>	\$65.00
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↵ **Spa Salt Treatment**

Start with Scandinavian Dry Brushing to exfoliate your skin for this exclusive spa treatment. Minerals and sea salts are gently rubbed into the body to rid the skin of dry, dead skin cells. This process will leave your skin soft, smooth and feeling wonderful!

<i>30 minutes</i>	\$45.00
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↵ **Paraffin Body Treatment**

This will increase the amount of natural oils in the driest of skin.

1 hour, 15 minutes \$70.00

With your Spa Salt Treatment:

1 hour, 45 minutes \$95.00

↳ **Scalp Treatment**

We will massage essential oils onto the hair, nourishing the scalp, to stimulate and revitalize follicle growth.

With Any treatment Additional \$ 25.00

↳ **Foot Reflexology**

A therapeutic and relaxing massage for the soles of the feet. Reflexology helps to soothe sore, tired feet while restoring a balanced and healthy body.

15 minutes \$ 25.00

30 minutes \$ 45.00

↳ **Body Waxing & Tinting**

For wonderfully smooth results, try hair removal with our professional body waxing. After a wax, the skin stays smooth and soft for weeks. Prices may vary.

Half Arm \$ 25.00

Full Arm \$ 35.00

Underarm \$ 15.00

Lip \$ 12.00

Brow Wax \$ 15.00

Brow Tweeze \$ 20.00

Chin Wax \$ 12.00

Half Leg \$ 30.00 - \$ 35.00

Full Leg (including bikini line) \$ 60.00 - \$ 70.00

Bikini Line \$ 30.00 - \$ 35.00

Brazilian Wax \$ 40.00 - up

Brazilian Touch Up \$ 30.00

Back Wax \$ 50.00

Chest Wax \$ 30.00 - \$ 35.00

Eyelash Tinting \$ 25.00

Eyebrow Tinting \$ 12.00

Shoulders \$ 20.00

Series of Facials \$360.00

Series of Massages \$330.00

Series of any Other Body Treatments Please Ask

Series of Skin Renewal Treatments \$240.00

Hours

Monday 10 - 7

Tuesday – Thursday 9 - 8

Friday - Saturday 9 - 5

Sunday 10 - 4

Call for an appointment

(714) 846-7111

GIFT CERTIFICATES AVAILABLE!

↳ **Jesner Peel**

Used by dermatologists as a chemical peel. To help reduce fine lines, wrinkles, and other signs of aging. Helps clarify the skin, smooth rough texture and helps improve the appearance of problem skin.

↳ **Series Packages Available**

All of our facials, massages and body treatments are available in a series. As our gift to you, when you purchase a series package of six treatments of any type, you will receive the seventh treatment free.

SANCTUARY
THE BODY SPA

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